

# NM Jets Parental Consent Form for Training and Off-site Activities, Medical Authorisation and Liability Release

Please sign and date the form below if you give consent for:

\_\_\_\_\_ (name of child)

- a) to take part in training sessions and fundraising activities
- b) to take part in competitions and other activities that take place off school premises\*; and
- c) to be given first aid or urgent medical treatment during any NM Jets trip or activity  
(delete as appropriate)

\* The NM Jets train at Norbury High School for Girls (also known as 'Norbury High')

Please note the following important information before signing this form:

The trips and activities covered by this consent include:

- all visits (including residential trips) which take place during the holidays or at a weekend
- off-site sporting fixtures outside school hours
- training sessions (both within and outside the normal school day)

The programme will send you information about each trip or activity before it takes place. Information may also be published on our website ([nmjets.org.uk](http://nmjets.org.uk)) and Twitter feed (@nmjets).

In order for my daughter may receive the necessary medical treatment in the event that she might sustain injury or illness while participating in this activity, I authorise the cheerleading coach or other supervising adult to obtain medical treatment for such injury or illness during the activity and I hold NM Jets supervisors, Norbury High and its representatives and associates harmless in the exercise of this authority.

I acknowledge the inherent risks involved when taking part in cheerleading and dance. I allow my child to participate in NM Jets events and training and agree to be legally bound to agree to release NM Jets Limited, along with their supervisors, representatives and associates, from all liability and responsibility for claims relating to personal illness, injury, sickness, loss of money and property or damages that my child may sustain during participation in this activity, including travelling to and from an event **WITH THE FOLLOWING EXCEPTIONS:** liability for death or personal injury caused by any negligent act or omission on the part of any member of staff of NM Jets Limited; liability for fraud or fraudulent misrepresentation on the part of NM Jets Limited or its supervisors, representatives and associates. Nothing in this liability release shall limit or exclude any of NM Jets's liabilities in any way that is not permitted under applicable law; or exclude any liabilities that are liabilities which may not be excluded under applicable law.

I confirm that I have completed the NM Jets Healthcare form and do not know of any problems that may adversely affect my daughter's health when taking part in physical exercise and cheerleading and that my daughter has not been advised by a doctor to avoid physical exercise.

I am aware that cheer and dance can be dangerous activities. I have completed and returned the forms given to me by the programme and have impressed upon my daughter the need to follow instructions and rules carefully at all times. I am aware of how she intends to get home after training and understand that reliable attendance every week is crucial to the squad's progress.

**My child & I have read and understood this document; by signing below I agree to accept its terms.**

Signed (parent/carer) \_\_\_\_\_

Print name \_\_\_\_\_

Contact tel. no. \_\_\_\_\_

Email \_\_\_\_\_